

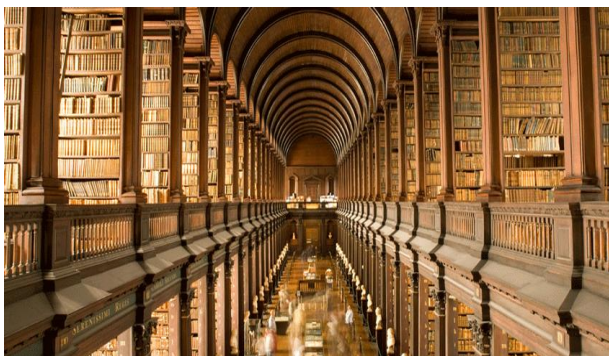
CASA – TRINITY PROGRAMME HANDBOOK

Autumn 2019



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Welcome

In Irish, we have a saying, *céad míle fáilte romhat*, which translates to a hundred thousand welcomes. Ireland is known for its warmth, friendliness and welcoming spirit, and we look forward to extending the same welcome to you. *Céad míle fáilte romhat* to Trinity College Dublin!

Congratulations on your acceptance to the Consortium for Advanced Studies Abroad (CASA) Divisional Programme at Trinity. We are delighted to welcome you to the programme, and look forward to your arrival in Dublin. This handbook will help to prepare you for your semester or year abroad, and provide you with practical information you will need to get started on your journey. Make sure to read it closely!

Introduction

The **Consortium for Advanced Studies Abroad (CASA)** is comprised of eleven leading research universities, created with the purpose of organising and delivering rigorous education abroad programs in collaboration with leading world universities. CASA member institutions are: Brown University, Columbia University, Cornell University, Dartmouth College, Harvard University, Johns Hopkins University, Northwestern University, Trinity College Dublin, The University of Pennsylvania, University of Melbourne and Vanderbilt University. CASA Associate Members include: Amherst College, Barnard College, Swarthmore College and Williams College.



Coláiste na Tríonóide, Baile Átha Cliath
Trinity College Dublin
Ollscoil Átha Cliath | The University of Dublin



Trinity College Dublin, the University of Dublin, has been Ireland's most prestigious university and a centre of teaching and research excellence since its founding in 1592. A Trinity education fosters a life-long desire for knowledge and understanding, a capacity for creativity and innovation, cross-cultural awareness and a sense of global citizenship. Trinity is known for producing independent researchers and thinkers, as well as for its student experience. Community is a key element of the Trinity education, and every student can benefit from a wide variety of available supports. Trinity's accessible and dedicated professors encourage students to actively engage in University life and the city on our doorstep. Trinity's historic campus is located at the very centre of Ireland's vibrant international capital, providing the perfect opportunity to explore Dublin, Ireland and Europe while you are here.

Trinity is proud to have been the first non-US university to become a member of **CASA**. We have a long history of welcoming study abroad students from CASA institutions and from all over the world, so you will be right at home at Trinity.

CASA-Trinity Programme Overview

The CASA-Trinity programme offers the opportunity for immersion in Trinity's rigorous academic environment and vibrant campus life, located at the heart of Dublin's city centre, Ireland's historic and modern capital. In addition to this immersive experience, CASA-Trinity provides a programme tailored to your needs as a student of a CASA member institution – from regular support and advising to exciting excursions and events, CASA Trinity will support your study abroad experience and make sure that you make the most of your time here at Trinity. The Programme will focus on the theme of Ireland Old and New, and you will have the chance to explore this topic through your orientation and modules, as well as excursions and events.

The programme has several defining features:

Orientation

In addition to an orientation session for CASA-Trinity students, the programme includes a one-week orientation programme, called *Understanding Ireland*, which helps its students to meaningfully understand and interpret Ireland's culture, literature and political history, while adjusting to life in Ireland and preparing for the start of term at Trinity.

Advising and Support

Trinity has many resources available to its students, and CASA-Trinity students will have special access to advising and support designed especially for their cohort.

Events and Excursions

CASA-Trinity will also offer carefully programmed academic field trips throughout the semester to help its students connect with, and continue to reflect upon, Ireland's cultural heritage. Excursions will include tours of both historic and modern sites throughout Dublin, a theatre or music performance at a local venue, and more. More information will be provided at orientation.

Idea Translation Lab

In addition to classes available from across the university, CASA-Trinity students have guaranteed access to an innovative and award-winning class called the Idea Translation Lab (ITL). Initiated at Trinity's Science Gallery in collaboration with Harvard in 2011, the ITL is a customised, cutting-edge, cross-disciplinary undergraduate course which stimulates the development of entrepreneurial, creative and critical thinking skills through collaborative group projects. The ITL offers its students opportunities to generate, develop, and realize breakthrough ideas for social, cultural, educational, and economic impact. The course aims to equip students with skills beyond their disciplinary boundaries and to develop creative project ideas, applying both design and entrepreneurial skills to produce projects with real world outcomes. These projects may have impact along different axes: social, scientific, cultural and commercial: <https://dublin.sciencegallery.com/education/itl>.

Postgraduate Classes

CASA-Trinity students have the unique opportunity to enrol in one graduate-level class per term, subject to approval and availability. Postgraduate classes can be selected from the following programmes:

- **School of Languages, Literatures and Cultures:**
 - MPhil in European Studies
 - MPhil in Comparative Literature
 - MPhil in Medieval Languages, Literatures and Culture
 - Diploma in Old Irish
 - MPhil in Textual and Visual Studies
- **School of Religions and Theology:**
 - Diploma in Conflict and Dispute Resolution Studies
 - MPhil in Intercultural Theology and Interreligious Studies
 - MPhil in Christian Theology
- **School of Engineering:**
 - MSc in Mechanical Engineering
 - MSc in Electronic Engineering
- **School of Linguistics, Speech and Communications Science:**
 - MPhil in Linguistics
 - MPhil in Applied Linguistics
 - MPhil in English Language Teaching
 - MPhil in Speech and Language Processing

Programme Staff at Trinity

Your experience abroad at Trinity is a unique one, as you will have support both through Trinity College Dublin as well as the Consortium for Advanced Studies Abroad.

You will be supported throughout your study abroad experience by Trinity College Dublin. Trinity offers many resources across the College to its study abroad students (see next section titled Resources at Trinity). The International Partnerships and Study Abroad Team at Trinity College Dublin's Office of the Vice-President of Global Relations has many staff members who will be working with you while you are abroad. They include:

Hannah Hopkins Kilgore is the Study Abroad Officer for Trinity and the CASA-Trinity Programme Director. She oversees management of the programme, as well as student advising and partner relations. She will be your main point of contact at Trinity.

Prior to her two years at Trinity, she previously worked in Harvard College's Office of International Education as Assistant Director. She holds an M.Ed in Higher Education from Harvard's Graduate School of Education and an M.Phil from Trinity College Dublin. She also serves on the Board of the Harvard Club of Ireland and as Chair of Harvard's Alumni Interviewing Committee in Ireland. You can reach Hannah at hkilgore@tcd.ie and +353 87 703 2238.

Marina Barjau-Sacristan is the Executive Officer for Trinity's Study Abroad and Partnerships team, and assists Hannah with programme coordination. You'll likely meet her at a CASA event or excursion!

Niamh Burke, International Partnerships and Study Abroad Manager and Fedelma McNamara, Director of Internationalisation, serve on the Board of CASA.

When Hannah is out of the office for any reason, Marina and Niamh will be your main points of contact at Trinity.

There are many other staff who will be a part of your Trinity experience. Please see the next section, Resources at Trinity, for more information. When in doubt, get in touch with Hannah!

Academic Calendar: Michaelmas 2019

Autumn Semester (Michaelmas Term) 2019	
Arrival Date	Saturday 24 August 2019 <i>(Recommended AM or Afternoon Arrival)</i>
CASA Orientation Week	Saturday 24 August – Sunday 1 September
Module Enrolment and General Orientation Week	Monday 2 September – Friday 7 September
First date of Teaching Term	Monday 9 September
Reading Week	Monday 21 October – Friday 25 October
Revision Week	Monday 2 December – Friday 6 December
Assessment Week	Monday 9 December – Saturday 14 December
<i>Students are free to depart from Sunday 15 December 2019 onwards, but please note that your rooms at Binary will be available through the end of the month should you choose to stay longer or travel!</i>	

Academic Overview

The highest-ranking and oldest institution in Ireland, Trinity College Dublin has an international reputation for academic excellence. It remains at the cutting edge of research, technology and innovation, and offers its students unparalleled academic, professional and social opportunities for growth and development. Courses at Trinity are taught by faculty who are leaders in their fields, and offer small group tutorials, seminars and experiential learning opportunities in addition to lectures.

As a study abroad student at Trinity, you will have access to classes, called 'modules', across the university's three faculties: the Faculty of Arts, Humanities and Social Sciences, the Faculty of Health Sciences, and the Faculty of Engineering, Maths and Sciences. View the Module Directory in order to see all of the different subject areas and modules offered to study abroad students: www.tcd.ie/study/non-eu/study-abroad/to-trinity/ModuleDirectory/.

Academic Adjustment

The CASA Programme is designed to provide as much academic advising as possible throughout your study abroad to help ease the transition to a new university. During Orientation, the Programme Director will lead a session on Academic Adjustment to help you adjust to the Irish system, and throughout the programme, the Director is available for advising appointments.

Academic System in Ireland

The Academic System in Ireland is very different to the system in the US. Irish students apply to courses, not Colleges, based on their desired area of study (ie. English, Political Science, Engineering, Biology), and are admitted to their courses only based on test scores. Students then take four years of courses (called 'modules' at Trinity) in only that subject, as the emphasis is far more on depth of knowledge in that area than on the breadth that a liberal arts degree provides. Additionally, the enrolment, assessment and marking processes are all very different at Trinity as well. Although these differences may feel uncomfortable at first, the Programme Director will help you with the transition. It is important to remember that by definition, studying abroad means you are immersed in a different educational system, and you will benefit immensely from being immersed in a new system and being pushed a bit outside of your comfort zone!

Academic Support

The Programme Director provides all CASA students with one mandatory academic advising appointment at the start of term to help ensure that your module selection and course enrolment processes are as smooth as possible. She then holds as many academic/student advising sessions as is needed by the student throughout the term.

Trinity provides all undergraduate students with a Personal Tutor: a blend of mentor and advisor, who provides personal and academic advice and support throughout a student's time in the University. Students at Trinity also have access to Student Learning & Development, an office that offers workshops and advising to help students adjust to Trinity's academics. Students should also reach out to their Professors, Schools/Departments, TAs, etc. with any module-specific questions or advising needs. For more information, see the Resources at Trinity section.

Course Registration, Enrolment and Marking

Signing Up for Modules

The process of signing up for modules, (registering for classes), is called Module Enrolment at Trinity. When you apply for admission to Trinity, you will be admitted by School based on your subject area preferences and will select modules you are interested in taking. Official Module Enrolment occurs after you arrive on campus. We will walk you through the process in great detail during Orientation. In the meantime, view the Module Directory to find the most up-to-date list of modules. The Directory is updated over the summer as schools and departments finalise their offerings for the coming academic year: www.tcd.ie/study/non-eu/study-abroad/to-trinity/ModuleDirectory/. The Programme Director will walk you through the process in great detail during Orientation when you arrive at Trinity.

Course Load

The standard course load for students studying abroad at Trinity is 30 ECTS (ECTS refers to the standard European Credit system.) Modules at Trinity are worth 5 or 10 ECTS, and therefore most students take between 3 and 6 modules. The minimum number of ECTS in order to be a full-time registered student at Trinity with access to Trinity resources is 20, but please make sure to check in with your home institution's study abroad office regarding their credit load policies and requirements in order to ensure that you earn a full semester or year of credit from Trinity.

Changing your Enrolment

If you need to make changes to your enrolment after registration, please contact the Programme Director as soon as possible. Please note that if you wish to withdraw from a module after the add/drop deadline, you will likely not be able to enrol in a different module instead. In the case of a withdrawal, after you have reached out to the Programme Director, contact the Academic Registry at TCD, as well as your home institution. Please remember that your home institution cannot withdraw you from a module at Trinity. If requesting a change to enrolment after the add/drop period, you will need to make a formal request in writing to Professor Aidan Seery, seerya@tcd.ie, the Head Tutor and your Personal Tutor, in order for your request to be considered.

Assessment at Trinity

As of 2018-2019, Trinity has changed to a semester schedule from its historic three-term academic year. With this semesterisation comes more of an emphasis on continuous assessment and experiential learning. However, do keep in mind that Trinity and other Irish universities have historically assessed students by one exam per module at the end of an academic year, which is very different from the US model of continuous assessment. Please note that all students are required to sit their relevant exams and assessments, and exceptions can only be made in cases of serious illness or bereavement. In such a case, please contact the CASA-Trinity Programme Director and Trinity's Senior Tutor, Professor Aidan Seery, at seerya@tcd.ie. Please see Academic Calendar section for departure dates and information.

Marking at Trinity

The following marking scheme applies in Trinity College Dublin. Make sure to discuss grading and credit transfer with your home institution prior to studying abroad. It is very important to note that first class honours are quite rare - but please note that your home institutions are familiar with the fact that marking schemes vary widely across the world! It is very important to remember that you are studying abroad in a different educational system and as a result, the grades you receive might be different from the marks you are used to at home. We will go over the marking system very carefully during Orientation, but please feel free to flag any questions you may have before your arrival, too.

Degree Classification	Grade	Percentage Range
First Class Honours	I	70-100%
Second Class Honours, First Division	II.1	60-69%
Second Class Honours, Second Division	II.2	50-59%
Third Class Honours	III	40-49%
Fail	F1	30-39%
	F2	below 29%

Resources at Trinity

Trinity has many resources for its students across the College, including its study abroad students. Just a few of these resources include:

Personal Tutor

Trinity provides all undergraduate students with a Personal Tutor - a blend of mentor and advisor who

provides confidential personal and academic advice and support throughout a student's time in the University. Tutors assist students with any difficulties they may experience, listen to their concerns and help them to get the most out of their time at Trinity: www.tcd.ie/Senior_Tutor/.

S2S Mentor

Every Trinity student is assigned a Student-to-Student (S2S) mentor who keeps in regular contact throughout the semester. As fellow students, they can give advice on relevant modules to take, how to make the most out of your time in college, and listen to any concerns you may have. They will give you your campus tour during Orientation, and will be in touch throughout your time on campus. You can reach out to them with any questions you may have about your academic or social life at Trinity: www.tcd.ie/Student_Counselling/student2student/.

Global Room and Global Room Ambassadors

Trinity's Global Room is a hub for international student activities and provides a space which fosters and encourages greater interaction between international students and the rest of the student body. The Global Room is run by Global Room Ambassadors who are current or recently graduated students that are able to answer many practical day-to-day questions about being an international student at Trinity. From its popular events like American Thanksgiving, Chinese New Year, and Puppy Day during exam times, to its screens with over 300 international TV channels, the Global Room is a great home away from home for international students at Trinity. The Global Room also runs a programme called New 2 Dublin, which helps international students settle into life in Dublin: <https://www.tcd.ie/study/international/trinity-life/global-room/>.

Global Officers

Many departments in Trinity College have a Global Officer – an academic staff member dedicated to international students within their school. Global Officers assist with module selection, organise social events and act as points of contact for all international students: <https://www.tcd.ie/globalrelations/about/>

Student Counselling Services

The Student Counselling Service is a confidential, professional service available free of charge to every Trinity student. It offers help in coping with any personal or emotional problems and offers learning support and development aids. Appointments should be made directly with the Counselling Service. The Counselling Services runs a course 'Feeling @ Home in TCD' which is aimed particularly at international students. www.tcd.ie/student_counselling. They can also refer you to private practitioners should that be your preference. International SOS, your insurance company, also offers a series of free counselling sessions. See Health and Safety Abroad section for further details.

Disability Service

The Student Disability Service is the support service for students with disability or special learning difficulties. Students requiring support from Trinity due to the impact of their disability or specific learning difficulty are advised to contact the Service as early as possible to explore what supports can be provided. To find out more, contact the Disability Office here: www.tcd.ie/disability/ and complete the form for incoming international student requests here: www.surveymonkey.com/r/Int-Student-Query. *Please Note: University policies vary country to country, so while we work with every student to accommodate them as best we can, we may not be able to provide exactly the same accommodations as at your home university (i.e. Irish vs US laws on extended time for student exams).*

Students' Union

Every registered student at Trinity College is automatically a member of the Students' Union (SU). The Students' Union is a representative body with five full-time student sabbatical officers and a number of part-time officers, who look after the educational and welfare needs of Trinity's student population, as well as organising entertainment and events. The SU is based in House 6 in Trinity's Front Square, where it runs an office with up-to-date accommodation and employment advice and listings. Within the building you will find the Students' Union offices, a newsagent (that stocks sweets, sandwiches, fruit, drinks, basic groceries and the cheapest newspapers in the city) and the Students' Union Bookshop Co-op. Faxing and photocopying facilities are available, and the Student Travelcard can be purchased here. There is also a Students' Union shop in the

Hamilton Building and in Goldsmith Hall. The SU is a great source of information about College life, the services available to you, life in Dublin, and so much more: www.tcdsu.org.

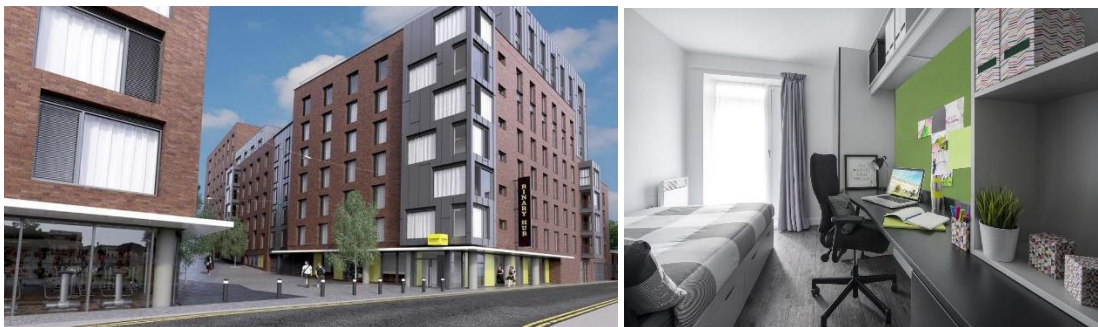
College Health Service

All full-time registered students are eligible to use the College Health Service throughout the year. The service offers on-campus primary health and psychiatric care. Students can also avail of specialised clinics in physiotherapy, sexual health care, eating disorders, minor surgery, vaccinations and blood tests. Students can also attend DUBDOC, an out-of-hours emergency general practitioner service in St. James's Hospital or the Contactors Medical Bureau who will send a doctor on request. All services are provided either for free or for a heavily discounted rate to students. For more information, see: www.tcd.ie/CollegeHealth/. See *Health Insurance* section under *Preparing for your Departure* for insurance and coverage information.

Student Housing in Dublin

Your home away from home for the semester or year will be the Binary Hub - Trinity's student housing complex. Located a short walk from Trinity, the Binary Hub is a hub of student life and holds many student events and activities. The newly-built complex includes modern en-suite bedrooms with shared kitchen and living areas, large common rooms and study areas, laundry facilities, and a gym. More information can be found at: <http://www.tcd.ie/accommodation/binary-hub/> and <https://apartostudent.com/locations/dublin/binary-hub/>. For FAQs, scroll to Binary Hub and view all the answers to common questions: <https://apartostudent.com/faqs/>.

The 'hub' style of accommodation is much more akin to what you would expect on a US campus. It is important to remember that most Irish students live at home and commute to university, so the experience of 'on-campus' housing is quite a different one. Most Irish students who do not live within commuting distance live in private apartments and do not live in on-campus housing. The best way to meet full-degree Trinity students is through our clubs, societies, sports clubs and events that all make up our vibrant campus life.



Student Life at Trinity

Trinity is well-known for its active student life. At Trinity, education is not confined to the classroom. Our students passionately engage in creative, entrepreneurial and charitable pursuits within the University and throughout Dublin. Student Life Trinity brings together a diverse, curious and supportive community and culture. With 17,000 students from 122 countries, Trinity offers a multicultural and colourful environment and student experience.

More than merely a component of student life in Trinity, clubs and societies define the social life on campus. Many Irish students go home to their families on the weekends, so mid-week events are essential to meeting other students and living like a local! At Trinity, involvement in student organisations is not just a hobby; it plays an integral part in our educational ethos and allows students to engage in all of their interests. Trinity's clubs, societies and sports clubs are known for being very welcoming, even if you will only be here for a semester. Make sure to sign up for clubs, societies and sports during your Orientation!

Clubs and Societies

Trinity's extracurricular life features over 200 societies, sports clubs and publications, including 'The Phil' and

'the Hist' – the oldest debating societies in the world! Societies can vary greatly, from the Afro-Caribbean to the Zoology society. If you have a particular skill or passion, they are a great way to meet like-minded people, and even if you don't, it's the perfect opportunity to learn something new.

You can turn up at any student society meeting and be sure of a warm welcome. While some societies are free there is usually a small joining fee, anything from €1 to €10 for the bigger sports clubs. You can meet society reps and sign up in Front Square during Freshers' Week. Full details of all the societies can be found on the Central Societies Committee website: www.trinitysocieties.ie.

Please Note: CASA-Trinity strongly recommends that you prioritise your participation in Clubs and Societies. They are the single-best way to meet full-degree Trinity students and students who prioritise attending clubs and societies meetings rate their student experience at Trinity higher than those who do not. They often meet on weekends, so please endeavour to balance any weekend travel you plan around your Clubs and Societies events!

Sport

Sport plays an important role in the University, promoting health and physical activity as well as intercultural dialogue. There are 49 sports clubs in Trinity College, so no matter what your sporting preference you will find a club in Trinity to suit you. Or you may like to try something new like rugby or Gaelic games! All of Trinity's sports clubs are welcoming.

All students have automatic access to our sports facilities, including multiple playing pitches, a boathouse on the River Liffey two miles from campus, and a state-of-the-art Sports Centre, which includes: a fitness theatre, a 25 metre swimming pool, an 11 metre high climbing wall, fitness classes and cycling studios. All you need to do is go to the reception desk at the Sports Centre once you have your Trinity ID to activate your membership at: www.tcd.ie/sport.

Volunteering

Trinity prides itself on giving back to Dublin city and has numerous volunteering opportunities for students to get involved in. Comprised of ten different campus groups, Trinity Volunteering is an umbrella student initiative that run volunteering events on campus and in Dublin city.

We encourage all visiting students to engage in volunteering as a way to give back to their adopted city. Through student organisations such as Trinity VDP (Vincent de Paul), DU Amnesty, Trinity FLAC, the Trinity Cancer Society, Bridge 21, MOVE, Trinity Enactus and the Voluntary Tuition Programme, you will find a volunteering opportunity to suit your skills and interests. To find out more information on Trinity Volunteering projects, see: <https://www.tcd.ie/Community/students/volunteering/campus/forum.php>.

Campus

Trinity's campus is alive with its 425 years of history. From two of the oldest student debating societies in the world, to ancient campus traditions, students love learning about their new campus home. With a campus located directly in the heart of one of Europe's most vibrant cities, Trinity is unique in how intertwined its student life is with Dublin city. On many occasions throughout the year, the campus floods into the city, and the city atmosphere extends into the campus. With Ireland's three most prolific theatres within a 10 minute walk from campus and the country's two biggest stadiums less than a 30 minute walk, students can experience the culture of the city in between classes.

Preparing for Your Departure

Immigration and Visas

Some, but not all, non-EU/EEA students require an entry visa for Ireland. Please refer to:

www.inis.gov.ie/en/inis/pages/irish%20visa%20information for the list of countries that **do not** require a visa.

If your country is not on the list, then you must obtain a visa before travelling to Ireland. Please note that most US and Canadian nationals do not need a visa to enter Ireland.

Regardless of whether you need a visa to enter Ireland, all non-EU students are required to register with immigration, called the Irish Naturalisation and Immigration Service (INIS) after you arrive in Ireland. We will provide detailed instructions about this during Orientation.

Please note: if you have an EU/EEA passport, you will need to enter the country with that passport in order to avoid the immigration process. Even if you are a dual citizen and enter the country with your US passport, for example, you will need to register with immigration.

If you need a visa to enter Ireland, you should submit your visa application using the AVATS facility at: www.visas.inis.gov.ie. The application will only be processed when the online form is completed and the required documentation, passport photograph and appropriate fee are received by the relevant offices as indicated by the online system. Please refer to the links below for Visa Guidelines: www.inis.gov.ie/en/INIS/Pages/Students. When possible, you are encouraged to apply for a multiple-entry visa to allow for travel, and will otherwise require a re-entry visa in order to travel and return to Ireland. You should generally allow 8 weeks for processing time. You can check online for visa decisions using your visa application number at: www.inis.gov.ie/en/INIS/Pages/Visa%20Decisions. When your visa is approved, the Embassy to which you sent your documents will affix a visa to your passport.

Registration

You will receive an invitation to register through your my.tcd.ie portal a few weeks prior to your arrival. You should complete the online registration process prior to arrival. To complete the registration process, all tasks up to and including the Terms and Conditions of Registration must be completed in full. On completion of online registration, your TCD email address, computer ID (username) and password will be provided via an intray message in the portal. Your ID card will be issued to you during Orientation. It is recommended that you check your TCD email account regularly for official College communications. Some students find it easiest to forward their home university email to their Trinity email, or vice-versa. Lecture timetables will be available via the portal near term time. A digital student ID app is also available at: <https://mydigitalid.tcd.ie/>.

Health Insurance

All non-EU students must have health insurance to cover any major medical care necessary during your stay in Ireland, and will be required to show proof of coverage and plan information during their INIS Registration. You should check with your home institution to see whether they require or recommend specific plans for their students studying abroad. If not, check to see whether your current health insurance will cover you when you are abroad for the duration of your stay. If you wish to instead obtain insurance from one of the health insurance providers in Ireland, please visit: www.tcd.ie/study/non-eu/undergraduate/coming-to-trinity/pre-arrival/#Insurance.

Please note that, while all study abroad students will have access to use the College Health Service and Student Counselling Services during their study at Trinity, access to the Services does not replace health insurance, which students must have in order to cover any major medical care that may be needed during your stay. The Health Centre is located on campus in House 47 and offers primary health and psychiatric care, including physician consultations and emergency clinics. Most services are free, although some services can incur a small fee. Please see Health and Safety Abroad section for further information on this subject.

Medications

If you need to bring prescribed medication with you, please note that the maximum amount of imported medication permitted is a 3-month supply, which must be cleared through Customs by the Irish Medicines Board. Customs will only clear medication that is licensed for use in Ireland, so while you may be able to get your current prescription(s) in Ireland while you are here, it is important to plan ahead and ensure that you have a clear plan of treatment.

What to Pack

There is no shortage of helpful study abroad packing lists online, so definitely do a bit of research and check them out!

Items to Remember: Important documents, some Euros for getting to your accommodation from the airport, medications (see above section titled Medications), glasses/contacts, laptop and charger, mobile phone and charger, adaptors,* etc.

Items Best Left at Home: Bedding and towels (they take up a lot of space and can be purchased inexpensively here), hairdryers and straighteners/curlers (they will be the wrong voltage, anyway!), toiletries (they take up space and can be purchased here!).

*The voltage in Ireland is 220v, so remember to get an adaptor for your laptop charger, phone charger, etc. If you plan to travel while studying abroad, a universal converter (also known as an adaptor) will come in handy!

Weather: Make sure to also research average weather information to get an idea of what clothes to pack: www.met.ie/climate/monthly-data.asp?Num=532. The Irish climate is largely temperate and mild.

Temperatures rarely drop below 0°C (32°F) or rise higher than 25°C (77°F). It won't rain as much as you've heard it will, and when it does, it is often light to medium showers with lots of changes in weather during the day. It is wise to make sure you have a good waterproof and windproof jacket and warm clothing for the winter months. However, there are excellent shopping facilities in and around Dublin and all items can be purchased here as well.

Documents

Prior to your departure, make copies of all important documents to bring with you: Trinity College Dublin Offer Letter, Registration information, Health Insurance coverage information, photocopy of your passport and bank cards in case of loss, etc. Please also make sure to have all visa documentation necessary, and the documents listed below in the At the Airport section.

At the Airport

All non-EU citizens, whether visa-required or not, are subject to ordinary immigration controls at the port of entry (ordinarily the airport.) The Immigration Officer on duty determines who is actually allowed to enter Ireland. If your documentation is in order, the officer will stamp your passport for one to three months. All non-EU students must register with Immigration (INIS) within the time limit stamped on the passport. At the immigration desk, you will need to present the following documents:

- Your valid passport (ensure that it is valid for 6 months after your scheduled return date)
- Your Trinity College Dublin offer letter
- Confirmation of fees paid (at least deposit) or scholarship/grant/financial aid received
- Bank statement showing means to support your stay
- Proof of health insurance

Keep all of these documents ready, as you will need them again when you register with INIS.

Please note: Any students with an EU passport must either enter the country with their EU passport or they will need to complete the non-EU immigration registration process, regardless of the passports they hold.

Arriving in Dublin

CASA-Trinity Programme Arrivals

CASA-Trinity students beginning the programme are taken directly from the airport to Binary Hub via pre-booked taxis. The Programme Director will send you an arrivals form where you can fill in your arrival information in order for the CASA Programme to coordinate your arrivals and taxi groupings.

Meet and Greet Service

The Global Relations Office runs a Meet and Greet service at Dublin Airport. A Trinity student ambassador will meet you at the airport, answer any of your arrival questions and guide you to Trinity's main campus. They can also provide advice on getting to other destinations. You can sign up for this free service under the Meet and Greet form dropdown here: <http://www.tcd.ie/study/international/trinity-life/arrival/>. Please be sure to specify your arrival date and time to ensure that an ambassador will be available to meet you. You must apply before the deadline, which can be found at the link above. Email tcdglobalroom@tcd.ie with any questions about the Meet and Greet.

Travelling to Trinity and the City Centre Independently

Dublin Airport is approximately 10 km (7 miles) from the city centre and Trinity's campus. Transport options include:

- The AirLink 747 is an express bus service operated by Dublin Bus. It stops opposite the Trinity entrance and also near to the Binary Hub. The single fare is 6 Euro. The Airlink runs every 15 and 10 minutes daily, but only runs between 6am and midnight Monday-Saturday, and 7am and midnight on Sundays.
- The Aircoach bus service (www.aircoach.ie) runs 24 hours a day and stops near Trinity College. The single fare is 7 Euro and buses depart from Dublin Airport every 15 minutes, except between the hours of 23:55pm and 03:25am when they depart every 30 minutes (23:55pm, 00:25am, 00:55am, etc.)
- Several Dublin Bus routes also run from the airport throughout the city and are less expensive (though more lengthy) options to get into the city centre. Further information at: www.dublinbus.ie/Your-Journey1/Timetables/All-Timetables/74711/
- Taxis are metered and will cost approximately 25-30 Euro, with extra charges for each additional passenger and for carrying luggage.

Travelling to Binary Hub

Binary Hub is located in the city centre, approximately 20 minutes from Trinity by foot.

Airlink 747

If taking the Airlink 747 from the airport, get off at the Wolfe Tone Quay stop and walk approximately 500m to the Binary Hub entrance on Bonham Street.

Aircoach or Dublin Bus

If taking the Aircoach or Dublin Bus, get dropped off on Grafton Street, from where the front gate of Trinity will be clearly visible. From there you can either walk, bus or taxi to Binary Hub. The stop is currently at O'Connell Street due to construction. Make sure to check location in advance of travel!

If walking, head to the front gate of Trinity and with your back to the gate, walk straight up College Green/Dame Street for approximately one kilometre. You will soon pass the famous Christchurch cathedral on your right. Continue to follow the road for approximately 200m and you will pass a castle and church on your right. You will pass another church approximately 50m further down the road (with the tallest steeple in Ireland!) After the church, take the third right through a gated entrance (directly after Laws pub). Follow the path down the hill and you will see the Binary Hub apartments at the bottom.

Alternatively, you can take the number 13 bus from the front gate of Trinity (outside the Spar convenient store). Get off at the James' Street stop and walk through the gated entrance on the opposite side of the street. Follow the hill down to Binary Hub.

Living in Dublin

Bank Accounts

Single-semester students are not required to open an Irish bank account, but academic year study abroad students are required to by the Irish National Immigration Service. We will provide detailed information about opening a bank account for full-year and interested students at Orientation. Make sure to check about ATM fees if using a foreign account, and always notify your home bank of your study abroad and any additional travel.

Cost of Living

Under Budget and Sample Student Budget on the Orientation site, you can find a helpful sample student budget which will give you an idea of cost of living in Dublin (click 'Sample Budget' link under Budget section of the page): <http://www.tcd.ie/students/orientation/twelve-weeks/week-9.php>.

Phone

Students can either buy an Irish SIM chip with a pay as you go plan, or buy a cheap temporary phone to use while abroad. Make sure to keep your home institution and Trinity informed of your new contact numbers, if applicable.

Your Trinity Email

Once you have completed online registration for Trinity at my.tcd.ie, you will receive an intray message with your Trinity computer account username and initial password. The intray message will outline the steps for how to set up your own password, a step which you must complete before you can access your Trinity email account. Remember to check your Trinity email, as all important Trinity communications will be directed to your Trinity email account. If it is easier for you, you can either temporarily forward your Trinity email to your home university email address or vice versa.

Connecting to the Network

After you have set up your Trinity password, you should visit the IT Services web pages for new students at www.tcd.ie/itservices/students/new_students.php for information on how to get started with your Trinity email account, where to find the computer rooms, how to connect your device to the Trinity Wi-Fi or wired network in residences, and how to use other services such as the printing, scanning and photocopying service. If you have a query about the IT services in Trinity or have encountered a problem, please contact the IT Service Desk as outlined at www.tcd.ie/itservices/help/it-servicedesk-contact.php. The IT Services department is responsible for the provision and support of computer systems, networking, and audio-visual and media services in Trinity College.

Library Access

Once you have received your student ID card, you will have access to the Library. Trinity College Dublin's Library is the largest library in Ireland and dates back to the establishment of the College in 1592. Today it has over 6 million printed volumes with extensive collections of journals, manuscripts, maps and music reflecting over 400 years of academic development. It has been a Legal Deposit library since 1801, and receives a copy of every publication published in the UK and Ireland. Many of the library's items are located in remote stacks and can be accessed via request in person or online. The Library includes: The Berkeley/Lecky/Ussher Libraries (known as the BLU), the Hamilton Library (the STEM subject library), the Early Printed Books and Special Collections, and the Manuscripts and Archives Research Library, which includes Trinity's famous Book of Kells Exhibition, which you can enter for free with up to two guests with your Trinity ID. For more information, see: www.tcd.ie/library.

Employment

Students who are studying at Trinity for a full academic year are entitled to work for 20 hours per week during term time, and 40 hours per week during the winter and summer holidays. Single semester study abroad students are not permitted to seek employment. Further information available at: www.icosirl.ie/eng/student_information/working_in_ireland.html. Students wishing to pursue unpaid employment are welcome to reach out to companies regarding unpaid internships. Contact the Programme Director with any questions about employment in Dublin.

Transportation in Dublin

Student Leap Card (also known as Student Travelcard)

For discounted travel within Ireland, you will need to get a Student Leap Card, the National Student Travel and Discount Card. It is a reusable smartcard that can be used instead of paper tickets to pay for transport in Dublin. This is the only card accepted by Irish Rail, Dublin Bus, Bus Eireann and LUAS (tram) for student fares. It is also a discount card for hundreds of goods and services nationwide. The Student Travelcard is accepted as authentic proof of student status, allowing you to book a student flight to anywhere in the world. Once you have your Trinity ID card, you can get a Student Travelcard for 10 Euro. The application form will be available in the Students' Union in House 6 and sign-up tables will be in the Arts Block during Orientation week. Student Leap Cards and regular Leap Cards can be topped up in most newsagents, and at Dart and Luas stations. Further information can be found at: www.studenttravelcard.ie.

Dublin Bus

Dublin has an extensive bus route network. If you need to take the bus, it is best to familiarise yourself with the routes and fares in advance so you know what stop or fare to request when getting on the bus. Please note that if you don't have a leapcard or rambler ticket, you must have exact change, as the bus driver will not give change back but will provide a receipt (you can reclaim your change at a later stage by handing in your receipts to the Dublin Bus Head Office in O'Connell Street). Students can buy 'rambler' tickets from the SU shop that allows you to buy a ticket in advance for a set amount of days. For further information on routes and timetables please see www.dublinbus.ie.

Nitelink

Dublin Bus operates a night service called Nitelink which runs from the city centre to the suburbs. The Nitelink fare is €6. The Nitelink buses are a cheap and safe alternative to taxis. For further information on routes and timetables, please see: www.dublinbus.ie/en/Your-Journey1/Timetables/Nitelink-Services.

Luas

The Luas (Irish for 'speed'), is a tram/light rail system. There are two lines, the Red and Green, which connect the suburbs and intersect in the city centre. The Luas cross-city connection between the two lines was launched last year, and has a stop right outside Trinity's front gates. See www.luas.ie.

DublinBikes

Dublin has a popular and growing bike-sharing scheme, allowing you to collect a bike from any DublinBikes stand and return it to any other stand. They offer annual memberships at very low cost. More information is available here: www.dublinbikes.ie. Please note that if you choose to bike in Dublin, remember to be safe and vigilant: always be careful to wear a bike helmet, be cautious when crossing Luas tracks and remember that the traffic drives on the other side of the road from the US.

DART

The DART train (Dublin Area Rapid Transit) is a commuter rail that runs along the coast from Howth and Malahide in the north to Greystones in the south. The main DART stations close to Trinity are Tara Street Station and Pearse Station. For timetables please see www.irishrail.ie.

Iarnrod Eireann (Irish Rail)

Irish Rail operates train services to Irish cities from two train stations in Dublin: Heuston Station and Connolly Station, both of which are located in the city centre. For timetables please see www.irishrail.ie.

Bus Eireann

Bus Eireann is the Irish bus system with a nationwide network connecting all major Irish cities. It also provides linking services from major cities to smaller towns or villages. Buses leave and arrive in Dublin at Busaras (Central Bus Station), which is close to Connolly Station. For further information please see: www.buseireann.ie.

Bus Tours

The main tourist office in Dublin can provide information about coach tour providers in Ireland. The tourist office is located on Suffolk Street. Or visit: www.visitdublin.com.

Taxis

Taxis are located everywhere in Dublin and very easy to access. Not all cabs accept cards, so make sure to have cash on you or go to an ATM if you want to take a taxi. There are taxi stands conveniently located throughout the city centre. Many people in Dublin have the MyTaxi app, which allows you to pay for taxis by card, as you would via Uber or Lyft.

Health and Safety Abroad

CASA students will have access to the CASA Programme Director, who can assist and help connect them to resources throughout the duration of the programme as well as in case of emergency. They will receive the

Director's mobile number and be added to a WhatsApp group so that they can easily communicate directly or in a group.

Health and Emergency Resources

Your first point of contact if you have a health concern should always be a quick call to ISOS. They have experts on hand 24/7 who can assist you with all kinds of queries – from safety abroad, to planning ahead re- what kind of medical assistance you can receive abroad and what medications are available in Ireland, to health queries, free counselling sessions, and more. They can even refer you to doctors and counselling appointments in Dublin, and can pre-book and pre-pay for the appointments. They can provide you with counselling services on the spot or refer you to appointments on-site in Dublin. In case of an emergency, they can call you an ambulance and ensure that all billing/payment coordination is directed to ISOS, not to you. **Note:** *If you cannot afford to call their number directly or through Skype, etc., you can email ISOS and ask that they call you back on your number.*

Please make sure to keep the Programme Director informed of all health, safety and emergency issues while you are abroad, and she is happy to assist however she can, but note that ISOS has access to health and emergency professionals on demand 24/7.

Trinity's Health Emergency Information

Student Counselling Emergencies: In the event of an Emergency that cannot wait, the Student Counselling Service has an Emergency slot available from 3.00pm to 4.00pm every day. Students are asked to use this time for Emergencies only and to book the slot in advance during the morning by calling (01) 8961407.

https://www.tcd.ie/Student_Counselling/contact/emergencies/

Counselling After Hours Resource List: https://www.tcd.ie/Student_Counselling/support-services/after-hours/

Health Centre: Emergency Clinics at the Health Centre: Emergency appointments available at 9am and 2pm.

Places are for emergencies only. If demand is heavy, lists may be closed early. Students should queue outside the Health Centre in advance of the times listed in order to secure a spot in the Clinics:

<https://www.tcd.ie/collegehealth/service/student-clinics.php>

Out of Hours Service: DUBDOC is an out of hours doctors cooperative that can be consulted outside office hours in case of emergency, 6pm - 10pm weekdays, 11am - 7pm weekends and Bank Holidays. The number for this service is 014545607. This service is based in St. James Hospital. Students will be responsible for any fees incurred for consultation or home visits.

House Calls: Outside DUBDOC hours, please telephone the Contactors Bureau at 8300244, who will send a doctor on request. Students (with the exception of Medical Card Holders) will be charged at the time and responsible for any fees incurred: <https://www.tcd.ie/collegehealth/service/out-hours.php>

Safety

Ireland is in the top ten for safest countries, according to the Global Peace Index 2017. It is also known for being one of the most welcoming and friendly countries. Although it is a very safe place to live, it is important to remember that, as in any large city, you should be vigilant and take normal precautions. Avoid leaving your bag open while walking down the street, don't leave your things unattended in a shop or at the library, don't walk home alone late at night, be careful with your smartphone and trust your instincts. When in doubt, ask the Programme Director and play it safe!

If you do need to contact emergency services:

- If you need to report an emergency (including: a danger to life, risk of serious injury, crime in progress or about to happen, offender still at scene or has just left), call 999 or 112 to contact the Garda, Ireland's National Police Service.
- If you experience an emergency at Binary Hub, contact Binary Hub as well as emergency services. They have a team onsite 24/7 and will provide detailed contact information upon arrival.
- If you experience an emergency on campus, you can contact the 24- Security Centre at 01 896 1317. The emergency number is 01 896 1999.
- Call ISOS for health emergencies, referrals to Doctors' offices and waived fees in advance. (Or, if required, call them afterwards for assistance with follow up.)

- Please also reach out to the Programme Director and keep her informed about all health and safety issues!

Being You in Dublin

At Trinity College Dublin, our commitment to diversity and inclusion is at the heart of our institutional mission. We are committed to creating an inclusive, diverse and pluralist college community and a positive environment in which all can participate, and all are recognized fully for their contributions. We are committed on all equality grounds to protecting staff and students from discrimination and to ensuring that diversity is promoted and celebrated. Trinity's commitments to Equality and its Diversity and Inclusion Strategy particularly focus on the following themes: Age, Disability, Ethnicity/Nationality, Family and Relationships, Gender, Religion, Sexual Orientation, Socio-economic Background, Traveller Community.

On Trinity's campus, you will find many resources. From the LGBT society 'Q Soc', to International Students Society 'DUISS', Mature Students Society, Muslim Students Association, the Global Room, and many many more, Trinity's campus is one dedicated to making you feel at home, no matter your background.

Dublin is Ireland's capital city, known for its growing diversity and its large proportion of young people. In 2015, Ireland famously became the first country to approve same-sex marriage by popular vote, and is currently very active in political activism, including on issues such as Brexit's impact on Ireland, Women's Healthcare, funding for Education, and more. Since 2015, Ireland is consistently named in the top LGBTQ+ countries for study abroad. For example, read Meg's blog about her experience in the LGBT community at Trinity: <https://tcdglobal.wordpress.com/2016/04/20/my-experience-as-part-of-the-trinity-lgbt-community> and Amirah's blog about her take on activism at Trinity and in Dublin: <https://tcdglobal.wordpress.com/2017/11/13/the-spirit-of-dublin-is-on-fire/>.

We recognise that studying abroad in a new country can present unique challenges and opportunities. We want all of our students to be supported while abroad, so please reach out to the Programme Director to speak with her, if you're comfortable, regarding anything that is on your mind, or for her to refer you on to additional resources, of which there are many throughout CASA, Trinity and Dublin.

Home University Contact Information

Note: In case of an Emergency your first point of contact is the Programme Director and/or local health resources. Please see Programme Staff, Resources at Trinity and Safety sections in Dublin.

Amherst College Students

Global Education Office

Tel. 413-542-5691 / geo@amherst.edu

Office Hours: Monday-Friday, 8:30am – 4:30pm

www.amherst.edu/go/geo

For emergencies during business hours: 413-542-5691

For emergencies outside business hours: 413-542-2221 (Amherst College Police Department) Questions can be directed to Janna Behrens (Director) at jbehrens@amherst.edu

Barnard College Students

Global Barnard Office

Tel. (212) 854-7430

Office Hours: Monday-Friday, 9:00am – 5:00pm

<https://barnard.edu/global/about>

For emergencies outside business hours: (212) 854-3362

For study abroad advising, please contact Giorgio DiMauro gdimauero@barnard.edu or Krista Rockholt at krockhol@barnard.edu

Brown University Students

Office of International Programs

Tel. (401) 863-3555 / Fax (401) 863-3311

Office hours: Monday - Friday, 8:30am – 5:00pm

www.brown.edu/OIP

For health-related and/or safety emergency outside of business hours, please call SOS at +1 215-942-8478.

For administrative and academic questions, contact Program Manager, Kelly Sachleben-Cronin,

kelly_sachleben@brown.edu.

Columbia University Students

Office of Global Programs

Tel: 212-854-2559 / Fax: 212-854-5164

ogp@columbia.edu

For health-related and/or safety emergency outside of business hours, call Columbia Public Safety at (212) 854-2797.

For administrative, academic and financial questions, contact the Office of Global Programs at (212) 854-2559.

Cornell University Students

Office of Global Learning

Tel. (607) 255-6224 / Fax: (607) 255-8700 Office hours: M-F 9:00am – 4:00 pm;

www.globallearning.cornell.edu

For health-related and/or safety emergency outside of business hours, call the Cornell Police Department at (607) 255-1111.

For academic and administrative questions, contact Assistant Director for Education Abroad, Kristen Grace,

kag7@cornell.edu, at (607) 255-6224.

Dartmouth College Students

Guarini Institute of International Education

Tel: 603-646-1202

Executive Director John Tansey: john.g.tansey@dartmouth.edu

Safety & Security at (603) 646-4000

Grinnell College Students

Office of Off-Campus Study Tel: (641) 269-4790 / Fax: (641) 269-4718

Office hours: Monday-Friday, 8:00am – 5:00pm

www.grinnell.edu/global/learning/ocs

For administrative and academic questions or program payment and financial matters contact Alicia Stanley (Director) at stanleya@grinnell.edu.

Harvard University Students

Harvard College Office of International Education

Tel. (617) 496-2722 Office hours: Monday through Friday, 9:00am – 5:00pm

www.oie.fas.harvard.edu

For health-related and/or safety emergency outside of business hours, call International SOS; at (617) 998-0000.

All administrative, academic and financial questions should be directed to OIE Director, Camila Nardozi, at 617-384-7893 or cnardozi@fas.harvard.edu.

Johns Hopkins University Students

Office of Study Abroad Tel: 410-516-4423

<https://studyabroad.jhu.edu>

For health-related and/or safety emergency outside of business hours, call (410) 516-7856 and (410) 530-6029 during the office hours.

For academic and administrative questions, contact Assistant Director Jessica Mervis, jmervis1@jhu.edu

Northwestern University Students

Global Learning Office Tel: (847) 467-6400

Office hours: Monday-Friday: 9:00am – 5:00pm

www.northwestern.edu/abroad.html

For health-related and/or safety/emergency outside of business hours, call the Northwestern University Police at (847) 491-3456.

For administrative and academic questions contact Jessica Fetridge, Associate Director, at

jessica.fetridge@northwestern.edu.

For program payment and financial matters, contact to Krista Bethel, Assistant Director of Study Abroad

Financial Services at krista@northwestern.edu or 847-491-7400.

Swarthmore College Students

Off-Campus Study Office

Tel: 610-328-7827 / Fax: 610-328-7323

Office hours: Monday-Friday, 8:30am – 4:30pm

<https://swarthmore.studioabroad.com>

For health-related and/or safety/emergency outside of business hours, call Swarthmore Public Safety at 610-328-8333.

For administrative and academic questions contact Pat Martin at pmartin1@swarthmore.edu or 610-328-8451.

For program payment and financial matters, contact Rosa Bernard at rbernar1@swarthmore.edu or 610-328-7826.

University of Melbourne Students

Careers, Employability and Global Learning

Tel.: +61-3-8344-7452

<https://students.unimelb.edu.au/study-overseas>

studyabroad-exchange@unimelb.edu.au

For information contact Belinda Price, Team Leader Global Learning

University of Pennsylvania Students

Penn Abroad

Tel.: (215) 898-9073 / Fax: +1-215-898-2622

Web: <https://global.upenn.edu/pennabroad>

For health-related and safety/emergency outside of business hours, call Penn Police at (215) 573-3333.

All administrative and academic questions can be directed to Global Programs Manager, Jacob Gross at 215-573-6047 or jgross3@upenn.edu

Vanderbilt University Students

Global Education Office

Tel.: 615-343-3139 / Fax: 615-343-5774

Office hours: Monday-Friday, 8:00am – 5:00pm

www.vanderbilt.edu/geo

For all queries, please contact Dave Brown, Study Abroad Advisor at (615) 343-3139 or

david.brown@vanderbilt.edu

Emergencies at (615) 421-1911

Williams College Students

Office of International Education and Study Away

Tel.: 413-597-4262

studyaway@williams.edu

Office hours: Monday-Friday, 8:30am – 4:30pm

<https://study-awaywilliams.edu>

Students should contact Campus Safety in case of emergency outside of regular office hours: 413-597-4444.